



**EBF Magazine**

**— COOLED DOWN AND RECHARGED —**

**September Edition**



**By Marthe Wiendels**

# COLOPHON

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# PREFACE

PROJECT & INCLUSION OFFICER

Welcome (back) to campus! I hope you all had a wonderful summer and are excited for the year ahead, filled with all the amazing events EBF has to offer. We've already kicked things off in the best way possible with a successful Introduction Weekend at Camping Dennenoord, where we had an incredible time with our first-years where I met many of you already. With plenty of drinks, parties, and fun activities, it was the perfect start of the year!

Next up was the EBF Beginning of the Year Party on September 15th in PALACE with unlimited drinks and great music, it was an unforgettable night. I enjoyed seeing many of you there!

On top of that, committee applications started, and I'm really looking forward to welcoming new active members and building our EBFamily for the year. It's going to be a busy and exciting month, but I couldn't be more excited about what's ahead!

See you soon at our events 

Best,

Marthe Wiendels

EBF Board 2025-2026



# GET TO KNOW THE 19TH EBF BOARD

**Name:** Ann Regts

**Function:** Chairman

**Age:** 22

**Hometown:** Ruurlo (Achterhoek)

**Favorite club:** Fust!

**Fun fact:** I always wear a white pants



**Name:** Annick Maas

**Function:** Vice Chairman

**Age:** 21

**Hometown:** Maarssen

**Favorite club:** PALACE

**Fun fact:** When I am drunk, my friends think I dance like a dinosaur

**Name: Barbara Spierings**

**Function: Secretary & HR Officer**

**Age: 21**

**Hometown: Nijverdal**

**Favorite club: t Fust!!!!**

**Fun fact: When I am drunk, it get the voice of Mickey Mouse**



**Name: Rick Huizenga**

**Function: Treasurer**

**Age: 22**

**Hometown: Hoogeveen**

**Favorite club: Wolther Wolthers**

**Fun fact: I had a performance with YES-R once**



**Name: Imme Roescher**

**Function: IT & Marketing Officer**

**Age: 23**

**Hometown: Heino**

**Favorite club: Palace :))))**

**Fun fact: I don't know the difference between left and right**





**Name: Joost Cromheecke**

**Function: Commercial Officer**

**Age: 23**

**Hometown: Zwolle**

**Favorite club: Wolter Wolthers**

**Fun fact: 3 of my roommates also did a Board Year at the FEB**

**Name: Marthe Wiendels**

**Function: Project & Inclusion Officer**

**Age: 22**

**Hometown: Delden (Twente!!)**

**Favorite club: Fust !!!!**

**Fun fact:**



**Name: Mark den Boer**

**Function: Career Officer**

**Age: 23**

**Hometown: Driebergen/IJlst**

**Favorite club: Wolter Wolthers**

**Fun fact: I have a bachelor in psychology**



# GET TO KNOW

## MARTHE! Who is Marthe?

I'm Marthe, originally from Delden in Twente, though if you meet me, you'll notice right away that I'm not very "Twents" at all. I studied International Business here in Groningen and started my Master in Strategic Innovation Management this February. Over the years, I've been very active within the EBF: first in the Promotion Committee, then in the ESR Committee, and honestly, I was always around at EBF events because I just loved the atmosphere.

When I finished my Bachelor, I wasn't really ready to start "real life" yet. I wanted to press pause on my studies for a bit, gain some hands-on experience, and do something meaningful. That's how I ended up joining the EBF Board and I'm really happy I did.

Besides that, I'm a big fan of volleyball, Aperol Spritz, festivals, traveling, and just chilling with friends. What I secretly enjoy the most, though, is going home for a weekend to relax with my family and my two cats, Charlie and Jazz :)

## The Project & Inclusion Officer

As Project & Inclusion Officer I'm responsible for all the internal affairs of the EBF. This means I recruit and select all our committees and guide most of them throughout the year, from the Activities and Sports Committee to Leadership & Entrepreneurship. Together with my committees, I also get to organise some of the most fun events: from socials and parties to the legendary Ski Trip and many more highlights.

I really feel at home in this position because it allows me to stay in close contact with so many of you, foster inclusion with all of our members and to help create events that I genuinely enjoy myself. Since I'm a very social person, feel free to come and have a chat with me anytime, especially if this role sounds interesting to you too!





# Why Marthe decided to do a board year

After finishing my Bachelor, I wasn't ready to just continue studying and head straight for graduation. I wanted to do something in between, something fun, challenging, and valuable at the same time. Since I'd already been really active within the EBF and loved all the events, doing a board year felt like the perfect way to stick around a little longer.

I chose the role of Project & Inclusion Officer because it fits me so well: it's super social, I get to work with tons of different committees, and I can organise the kind of events I personally enjoy the most. From parties and socials to the Ski Trip and bigger projects, it's a mix of everything, and that's exactly what makes it so much fun.

What is the  
event  
Marthe  
looks  
forward to  
the most

That is actually a difficult question, because there are so many wonderful EBF events throughout the year. The Conference, the Christmas Ball, and of course the Ski Trip are all highlights in their own right, each with a unique atmosphere that makes them special. If I really had to choose, I would say the EBF Festival. Every year it has everything you could want: good weather, drinks, music, and great people, all while celebrating together with the new board. The atmosphere is always fantastic, and it feels like the perfect way to close the year. For me, it is the event where everything comes together just perfectly!



EBF CONFERENCE



CHRISTMAS BALL

EBF FESTIVAL



Go-to drink: APEROL !!



## Marthe's highlight of this year so far:



My highlight so far has definitely been the Introduction Weekend. It was such a fun way to kick off the year and the perfect opportunity to get to know so many of the new first-year students. With beautiful weather, plenty of drinks, and great parties, it turned into an unforgettable weekend with an enthusiastic group ready to start their student life.

Another highlight has been our constitution drink. It was an amazing evening with so many other boards and of course followed by a well-deserved hangover the next day.

## For what can we wake you up in the middle of the night?

You could wake me up in the middle of the night for delicious Asian food, honestly, I love it all, from sushi to Thai curries to ramen. I'm always up for trying something new, as long as it's packed with flavor. The same goes for holidays: nothing makes me happier than escaping to the sun, relaxing on the beach during the day, and enjoying good food and drinks in the evening.

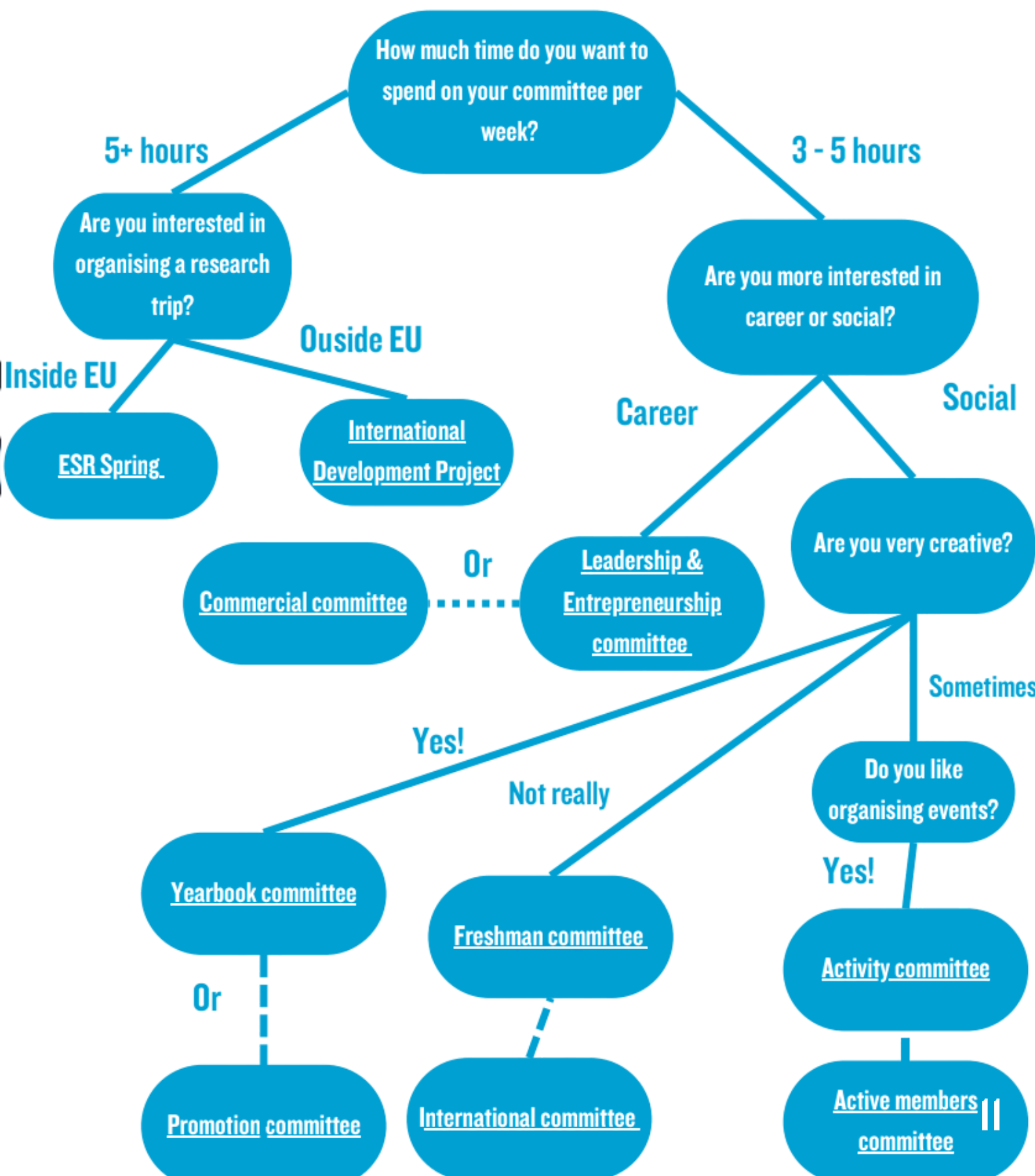


## Favorite food: Sushi



# WHICH COMMITTEE FITS ME BEST?

## SEPTEMBER EDITION





# BENEFITS OF AN ACTIVE MEMBER

## DEVELOP NEW SKILLS

Most of our committees organise different events. You can learn how to organise these. Depending on your function, you can for example learn how to take the lead of you committee, make promotional material or how to contact companies.

## MEET NEW FRIENDS

When you do a committee at EBF, you will get to know a lot of new people! Since you can do a lot of activities with your committee and fellow active members, you can meet new friends!

## NETWORK

As an active member, you gain unique opportunities to expand your network in exclusive ways. You get the chance to meet companies not only through insightful and educational sessions, but also in more informal settings. This combination allows you to ask questions, explore your interests, and truly get to know what different organizations have to offer.

## ACTIVE MEMBER ACTIVITIES

You also get to enjoy a variety of fun activities throughout the year. From the Active Members Dinner and Weekend, Active Members Day to our thank-you dinner, the Smartest Member contest, and the EBF Dies, there's always something to look forward to. And of course, you're always welcome to drop by the committee room to hang out and relax with fellow members.



# A DAY IN THE BOARD LIVE

## Monday 8th of September

The morning starts with breakfast with the whole board, followed by a board meeting, as usually on Mondays. During this meeting, we discussed the events we are planning and evaluated the Introduction Weekend and (pre)master BBQ. After this meeting, we had lunch together and during the rest of the day, everyone had their own meetings and tasks. Annick and Rick had a meeting regarding the International Development Project, Marthe and Barbara made a strategy regarding the committee recruitment. Imme looked into the pictures made at the events last week and published them on the website. Ann had a meeting with the faculty, Mark did some preparation for the Woman In Business event and Joost called with companies.

Every Monday night, we also have dinner together with the board. This evening, we had a mix with the EBF Conference Board and the EBF Conference Day Organisation Committee.



## QUOTES

Barbara: "Going out feels like a sport for me"

Marthe: "I used to listen to the song Let it go 50 languages like an addiction"

Annick: "Rick has his cute smile, if he were my child I would really be in love with him."

Rick before the (pre)master BBQ: "What are we going to eat tonight?"

Rick to Imme during "project day drinking": "Imme, you drank way to less, you can't call this day drinking, just call it day"

Ann: "I really don't have a good smile today"

Mark after seeing a picture of the recruiter he will have a meeting with: "If I had known I was meeting with her, I would have done my hair this morning"

# RECAP AUGUST AND THE FIRST WEEKS OF SEPTEMBER

August was all about preparations for the new academic year. Our very first event was the KEI-week information market, where we had the chance to meet lots of new people and have some great conversations. We also joined the FEB Welcoming Festival, where we gave several lecture talks, hosted a social drink, answered questions, and even challenged people to test their skills on a mechanical bull 🐮.



INTRODUCTION WEEKEND

September marked the real start of our activities. You might have walked on campus and smelled something delicious. This was probably because of the "poffertjes" the EBF Conference Board was making. On 4 September, we kicked things off with the (Pre-)Master BBQ – a great success with delicious food and an amazing atmosphere. From 5–7 September, we travelled to Ommen with our first-year students for the Introduction Weekend, which turned out to be an unforgettable experience.



(PRE-)MASTER BBQ

On 9 September, we celebrated our Constitution Drink, where we were officially congratulated on becoming the 19th Board. Just two days later, on 11 September, the Sport Committee hosted a fun bowling activity, which of course ended with drinks.



BEGINNING OF THE YEAR PARTY

The highlight of the month was without a doubt the Beginning of the Year Party on 15 September at Palace. With 400 people and unlimited drinks, it was an incredible night to kick off the year in style. Before the party, we also hosted a well-attended Mentor Dinner, where many first-year students got the chance to meet new people.



We are beyond excited for the year ahead, and we look forward to seeing you at our upcoming events! ❤️

# UPCOMING EVENTS



**21 SEPTEMBER: DEADLINE COMMITTEE RECRUITMENT**



**29 SEPTEMBER: BUDDY PROGRAM ACTIVITY**



**1 & 2 OCTOBER: EBF CONFERENCE**



**8 OCTOBER: CONFERENCE BOARD INFO MEETING**



**10 OCTOBER: (PRE)MASTER AFTERNOON DRINKS**



**14 OCTOBER: G7 EVENT**



**15 OCTOBER: NEW ACTIVE MEMBERS DINNER &  
OCTOBER SOCIAL**



**22 OCTOBER: IDP INFO MEETING**



# CLOSING WORDS

I can't wait to meet all the new (active) members and get to know you better throughout the year. For me, the most exciting part about this role is working closely together to organize fun and inspiring events, while also enjoying everything the EBF has to offer outside of the committees. I'm really looking forward to sharing all the highlights of the year with you, from big conferences and parties to the smaller moments where we simply connect and have fun. I'm sure it's going to be an unforgettable year, and I'm so happy to experience it together with all of you. See you soon at our events!

